

Hancock County Support / Advocacy Services Schedule -November 2006

Tuesday, November 7, 7p.m. at Focus On Friends (509 Trenton Ave.) – National Alliance on Mental Illness (NAMI). Educational Presentation: Dianne Resseguie, LSW, RNC; Clinical Manager of Orchard Hall (Blanchard Valley Regional Health Center) will speak about inpatient hospitalization. – Open to the Public. No pre-registration required. Call Gina Lewis at 419-423-1423 w/ questions.

Every Thursday from 6 – 7:30p.m. at the YMCA. (NO GROUP ON November 23 – Thanksgiving)– “Parent’s Night Out” parent support group. *The focus is on parenting – if you are parenting a child, we want your ideas.* Open to the public. No pre-registration required. Free snacks – free child care! Call Val Mikenas at 419-422-8616x155 w/ questions. Group brought to us by Family Resource Centers & Hancock County ADAMHS Board.

Tuesday, November 14, 7p.m. at First Presbyterian Church Fellowship Hall (2330 S. Main St.) – Depression and Bipolar Support Alliance (DBSA). Educational Presentation: “Understanding Bipolar Disorder”; View the DVD with group discussion to follow. – Open to the public. No pre-registration required. Call Becky Hickle at 419-422-9381 w/ questions.

Thursday, November 16 (3rd Thursday rather than 4th Thursday this month due to Thanksgiving), 7p.m. at Blanchard Valley Regional Health Center above the emergency room. Persons Affected by a Loved one’s Suicide (PALS) support group. Contact Nancy Stephani at 419-422-3711 w/ questions.

Tuesday, November 21, 7p.m. at Focus On Friends – NAMI Family Support Group facilitated by Carole Cleary. Open to any family member, friend, or support person of someone diagnosed with a mental illness. No pre-registration required. Call Gina Lewis (419-423-1423) w/ questions.

Tuesday, November 28, 7p.m. at First Presbyterian Church Fellowship Hall. – DBSA Support Group. Open to individuals diagnosed with Depression or Bipolar Disorder and their friends, family members, or supportive others. No pre-registration required. Call Becky Hickle (419-422-9381) w/ questions.

****Visit Focus On Friends Drop In Center at 509 Trenton Ave.** (A drop in center that provides a unique mix of education, leisure, friendship, and support for people suffering with a mental illness) M – F, 11a.m. – 5p.m. Call 419-423-5071 for extended hours and schedule of activities, including a **THANKSGIVING DINNER** (*date to be determined*) this month.!!**

****Look for daily schedule of 12 – Step meetings** (AA, NA, Al-Anon) in The Courier. Meetings designated as “open” are open to the public.

- *Questions about the above or other Support and Advocacy Services, call Gary Bright, Director of Support and Advocacy Services at Century Health (419-425-5050 off. Or 419-889-8367 cell). Email Gary at centurybright@hotmail.com to be added to this email list and get the schedule electronically each month.*