

**Hancock County Support / Advocacy Services Schedule – June 2009 (page 1 of 2)**

**CRISIS HOTLINE 1-888-936-7116**

\*Visit [www.ohio.networkofcare.org](http://www.ohio.networkofcare.org) – for more info about support groups\*

**June 1**, 6:30 – 8:00p.m. at the Fifth Third Hub, Birchaven Retirement Village, 15100 Birchaven Lane, Findlay, OH: - **Circle of Hope**, *An on-going support group for anyone who has experienced the loss of a loved one.* Childcare w/ adv. notice-call Carmen(419-423-5351).

**Every Monday** from 3 – 4p.m. at The Family Center (1800 N. Blanchard Street), ROOM 111– Dual Recovery Anonymous (**DRA**); a 12-step group for individuals and their loved ones living with both a mental health and substance abuse issue. Call Don Illif(425-5050) or Deb T.(422-3711) w/ questions.

**Tuesdays, beginning June 9 – through July 21<sup>st</sup>**, 6:45 – 8:15p.m. at Findlay / Hancock Co public library: **Group coaching and support for those facing decisions around divorce or have already divorced.** Call facilitator, Rick Beach at 419-348-9602 for more details. Offered in collaboration with Century Health.

**1<sup>st</sup> & 3<sup>rd</sup>** Tuesdays, 7p.m. at First Presbyterian Church (2330 S. Main St., rm. 209) - National Alliance On Mental Illness (**NAMI**) of Hancock County **Support Group**. Open to any family member, friend, support person, or individual diagnosed with a mental illness. Call Gina Lewis(419-429-1423) or Carole C.(419-889-9257) w/ questions.

**2<sup>nd</sup> & 4<sup>th</sup>** Tuesdays, 7 – 8:30p.m. at First Presbyterian Church, rm. 209: **DBSA** (Depression and Bipolar Support Alliance). *2<sup>nd</sup> Tuesday will feature Dr. Don Evert, of Blanchard Valley Psychiatric Associates, speaking about Bipolar Disorder.* FREE and open to those diagnosed with Depression or Bipolar Disorder, their friends, family members, or supportive others. No pre-registration required. Open to the public. Call Becky Hickle at 419-422-9381 with questions.

**1<sup>st</sup> Tuesday of Every Month**, 6:30 – 8 p.m. at Findlay / Hancock Public Library: **Postpartum Depression Support Group**. Call 419-423-5528 w/ questions or if child care is needed (1 wk. adv. Notice)

**Focus On Friends (509 Trenton Ave.) – Develop your Advanced Directive for Mental Health Treatment** with Wanda Baughman and Jim Martin, trained facilitators. Call Wanda at Focus On Friends(419-423-5071) w/ questions / to sign up

**2<sup>nd</sup> and 4<sup>th</sup> Weds** from 7 – 9p.m. at Good Shepherd United Methodist Church; Benton Ridge: - **Celebrate Recovery** worship & open share; a biblically based 12-step support group aimed at helping people on their recovery journey w/ their hurts, habits, & hang-ups. Call 419-859-2000 w/ questions.

**June 4** from 7 – 8:30p.m. at First Presbyterian Church (2330 S. Main St) – **Eating Disorder Support Group**. Call or email Joy Anderson, LSW with any questions or concerns(419-425-8709) or [findlayanad@yahoo.com](mailto:findlayanad@yahoo.com). (Affil. w/ ANAD – [www.anad.org](http://www.anad.org))

**June 4**, from 6 – 7:30p.m. at First Presbyterian Church: - **ADHD Support Group** for caregivers or parents. Childcare provided if needed. Call Karen Schuh at 419-425-5333 w/ questions. ([kpschuh@earthlink.net](mailto:kpschuh@earthlink.net))

**Thursdays**, 6 – 7p.m. at Lutheran Social Services (799 South Main Street in Lima): **“Talk It Out”**: *Support group for persons living with HIV / AIDS.* Call Robin Miller at 419-229-2222 with questions.

## Hancock County Support / Advocacy Services Schedule – June 2009 (page 2 of 2)

**Every Friday**, beginning **June 12**, 1p.m. – 3p.m., location TBA: **Peer To Peer**, a FREE 9 week course taught to and by people with mental illness. Learn valuable tools for recovery. Call Gina Lewis at 419-429-1423 to sign up or with questions.

**Every Friday**, 7 – 9p.m. at Cornerstone Baptist Church (8630 CR 140): - **Reformers**

**Unanimous**; a faith-based addictions program for people living with any addiction / habit. Open to the public. Call Mike Kissell(419-427-1400) w/ questions.

**June 9 & 16**, 1:45p.m. – 2:45p.m., at Focus On Friends: - **Coffee Talks with the Food Lady, Patti Koester, from the OSU Extension office.** Call 419-423-5071 with questions.

**June 15**, 7 – 8:30p.m. at Hancock Co. Historical Museum (422 W. Sandusky St.): **“Personal Experiences with Grief”**, panel discussion. Part of “Journeying Through Grief”, a monthly educational group that discusses special topics related to the grief process. Call Carmen (419-423-5351) w/ questions.

**June 16**, 6:30 – 8:00p.m. at Blanchard Valley School – **Autism Support Group**; for children with Autism and their parents / guardians / family. Contact Dodi Newcomer at [bnewcomer@thewavz.com](mailto:bnewcomer@thewavz.com) w/ questions.

**June 18**, 1:30 – 2:30p.m. at Focus On Friends – **Membership Meeting.** All are welcome to attend. Call Jenny at 419-423-5071 with questions.

**June 18**, 3 – 4p.m. at Focus On Friends: - **Support for L.I.F.E.** (Love. Inspiration. Friendship. Encouragement). Call Pastor Jim Williams w/ questions at 419-694-4435

**June 25 and June 26**, all day at Focus On Friends: **Wellness Recovery Action Planning (WRAP)**; *Come and write your own personal plan for staying well – FREE – Call 419-423-5071 to register BEFORE June 16!!*

**June 25**, 7p.m. at Blanchard Valley Hospital - 2<sup>nd</sup> floor Ruse Bldg. - above the emergency room. Persons Affected by a Loved one’s Suicide (**PALS**) **support group**. FREE and open to anyone dealing with grief following a suicide. *Members of the group are also available for outreach to persons not yet ready to attend group.* For more information, call Nancy Stephani at Century Health, 419-422-3711.

**June 26**, 11:00a.m. at Birchaven Retirement Village (Wenner Conference Room), Findlay: - **Alzheimer’s Association Caregiver Group.** Contact facilitators Jane Sherrick(419-425-3259) or Mike Thompson(419-425-3233) with questions. Also, contact Marty Williman(419-425-5409) for information about support groups in surrounding areas.

\*\*Look for daily **schedule of 12 – Step meetings (AA, NA, Al-Anon) in The Courier.** Meetings designated as “open” are open to the public. Also, check out <http://www.groups.yahoo.com/group/findlayohioaa/> or call the **AA hotline for Hancock & Wyandot counties: AA District 17: 888-683-9768.**

- **Questions** about the above or other Support and Advocacy Services, call **Gary Bright**, Director of Support and Advocacy Services at Century Health (419-425-5050 off. Or 419-889-8367 cell). Email Gary at [gbright@centuryhealth.net](mailto:gbright@centuryhealth.net) to be added to this email list and get the schedule electronically each month.